No C19 Symptoms

C19 Symptoms — Cough or fever
(Pts may have myalgia, fatigue, anosmia, sore throat, diarrhoea, congestion or delirium/unexplained deterioration/falls in older people)

Triage Assessment: Phone/Video
This will be done in the first instance by 111/CCAS. However if patients phone their GP surgery then they should be dealt with by the practice and not redirected to 111. CCAS may book directly into GP system via GP Connect.

C19 is the most likely cause of symptoms

Preventative/LTC Care
Offer: child immunisations, 8 week baby health checks, postnatal checks, pneumo jabs, shingles jabs, high-risk drug monitoring, diabetes foot checks, ECGs, 24 hour BP monitoring, LD/SMI health checks, minor tests, rheumatology services, anticoagulation checks, postnatal checks, pneumo jabs, Offer: Preventative/LTC Care

Tips to deliver good primary care
Most GP Practices nurses are now delivering good LTC care remotely, and combining this with a face-to-face contact to minimise risk. If your practice has specific reasons why care (eg, blood tests, smears) cannot be delivered due to specific C-19 related risks/capacity issues then consider making good use of the PCAS service or talk to your PCN CD to explore alternatives, especially if your extended hours service is offered by another provider.

Caring for vulnerable groups (LCS Bundle): SMI healthchecks - These form part of the LCS bundle. See LINN for guidance on CCC expectations. LD healthchecks - These form part of the LCS bundle. See LINN for guidance on CCC expectations.

Encouraging optimum self-care
Signposting patients to self-care resources for optimising health and managing long term conditions.

Principles
Restrict building access eg. by entryphone, or allowing 2 people at a time with adequate social distancing
Patient comes to surgery alone, wearing mask
Clinician to wear Adequate PPE for every single F2F appointment.

Tips for F2F needed?

Rapid symptomatic needs

Patient washes hands
Brief consultation
Wipe down all surfaces afterwards
Clean down the waiting room and patient toilets regularly
Ensure the risk/benefit has been considered before carrying out the assessment or procedure using a recognised risk assessment tool.

Signposting patients to self-care resources
Encouraging optimum self-care

Cleaning down the waiting room and patient toilets
Wipe down all surfaces afterwards

Update and feedback
The COVID19 pandemic is an ever changing situation. Please check you are using the most up to date version of this guidance. If any part of the pathway has not worked for you in the way you expect we need to know so that we can sort out problems. If you have any problem or feedback please email tgicf.primarycarerreporting@nhs.net

Tameside & Glossop CCG/LMC GP Guidance
Version 17
21/08/2020

Support for patients with post-C19 Symptoms
TGICF has a follow up programme for C19 pts post-discharge.
Many patients report ongoing symptoms such as dyspnoea and fatigue, even if they were not admitted.
Guidance from BLS/Asthma UK on post-COVID Symptoms can be found HERE.
Guidance for clinicians from NHSX

Supporting patients with post-C19 Symptoms

Support for GPs, APs and GPNs
Palliative care advice Mon-Fri 10-6 from Dr Patrick Fitzgerald (Willow wood) patrick.fitzgerald@tameside.nhs.uk 0161 922 4460.

Peer GPN support phone call from support@tggppeersupport@nhs.net Peer GP/PN support phone call from support@tggppeersupport@nhs.net Mon-Fri 9-6pm

Check with your PCC resilience lead re. remote O2 satn Full NHSE Guidance (PN)

Videos to help patients to measure their pulse rate and respiratory rate remotely: Pulse Rate, Respiratory Rate

Numismatic support

Drug information

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Consider using A&G for consultant advice for persistent symptoms.
Consider referral Pts for pulmonary rehabilitation (usual route, spirometry not required)

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